



Israel from Home!





## Note From Me

Shalom Chaverim,

Today, as another at-home week comes to an end, we welcome the big Shabbat, the Shabbat before Passover.

In Passover we ask ourselves "Ma Nishtanan HaLayla Hazeh?"- how is this night different than any other night?

As we welcome the Shabbat, I encourage you to think how are you making this day at home different than any other? What can you do differently that will make the Shabbat special, and a day that gives you solace and joy? could we put our phones down for a few hours? have a meaningful not-Coronaful conversation? perhaps honor ourselves for a couple of hours? How would that look like? The Shabbat was given to us as a gift. How are you using your gift?

I want to share with you an opportunity we put out there this week- if you'd like to join another family/community member and have a virtual Seder together, please email me at [yaara.levy@jewishpalmbeach.org](mailto:yaara.levy@jewishpalmbeach.org) and we'll find you a match!

Reminder- Every Friday you'll get a new booklet filled with fun, joy, and a lot of blue and white!

This beautiful kit was created together with all the JAFI Shlichim in North America, with love to our communities. A special thank you to Ron Lugasi who put this together and designed it all.

Don't worry, we didn't forgot to include a small section for parents:)

Stay safe and healthy!

Shabbat Shalom,

Yaara Levy, Community Shlicha

Jewish Federation of Palm Beach County



Get to Know

ISRAEL

# ISRAEL



Mediterranean Sea

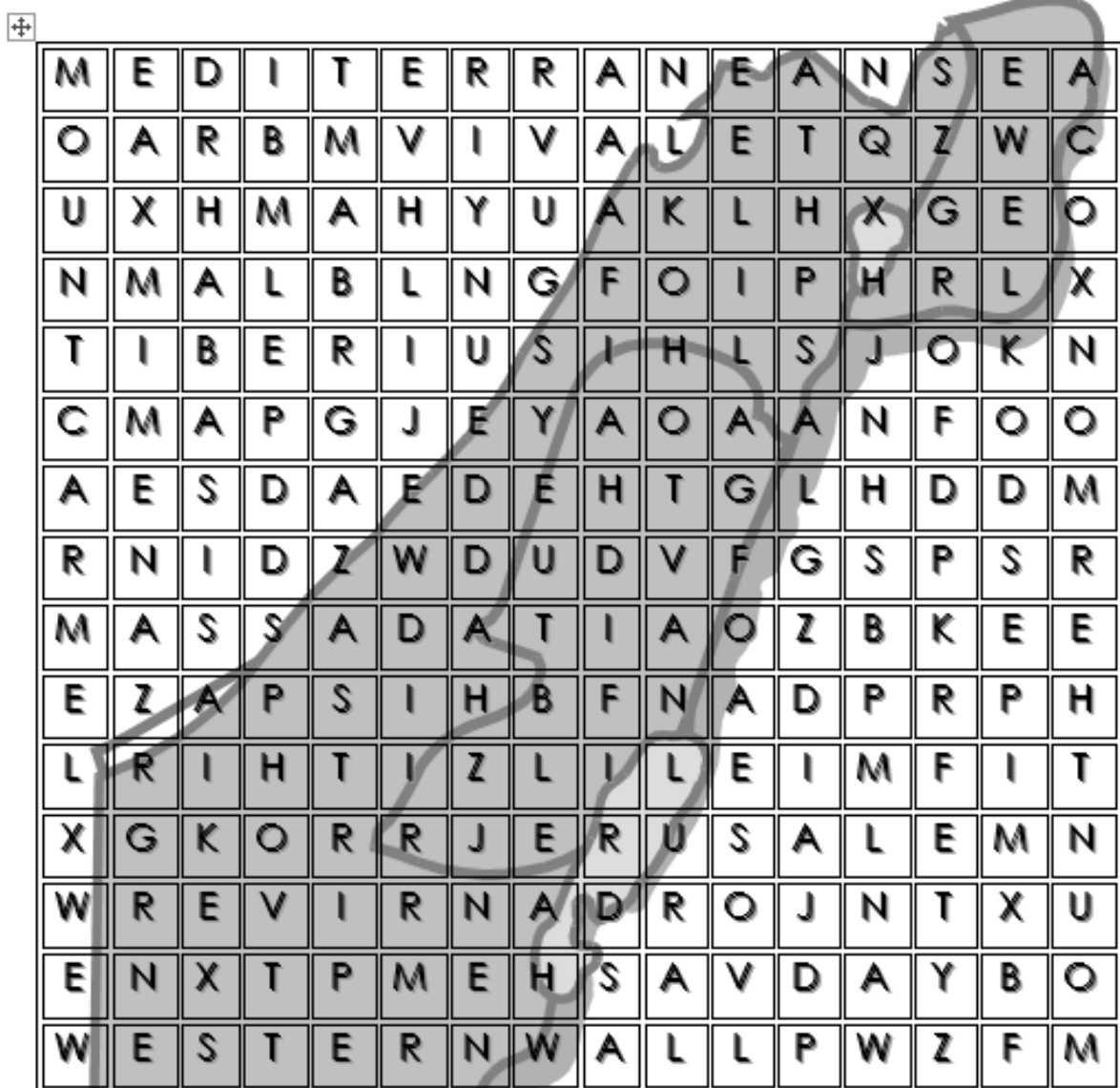


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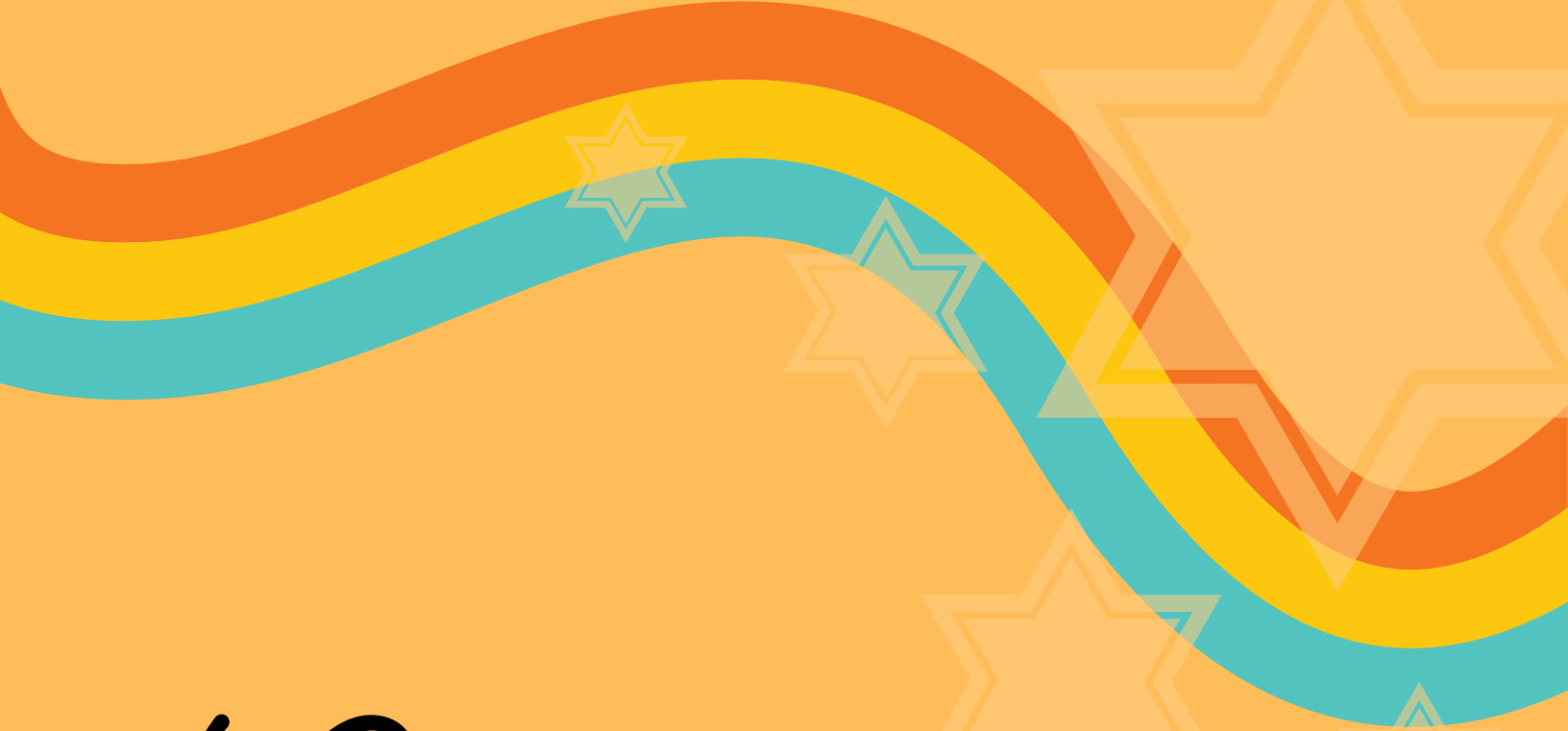
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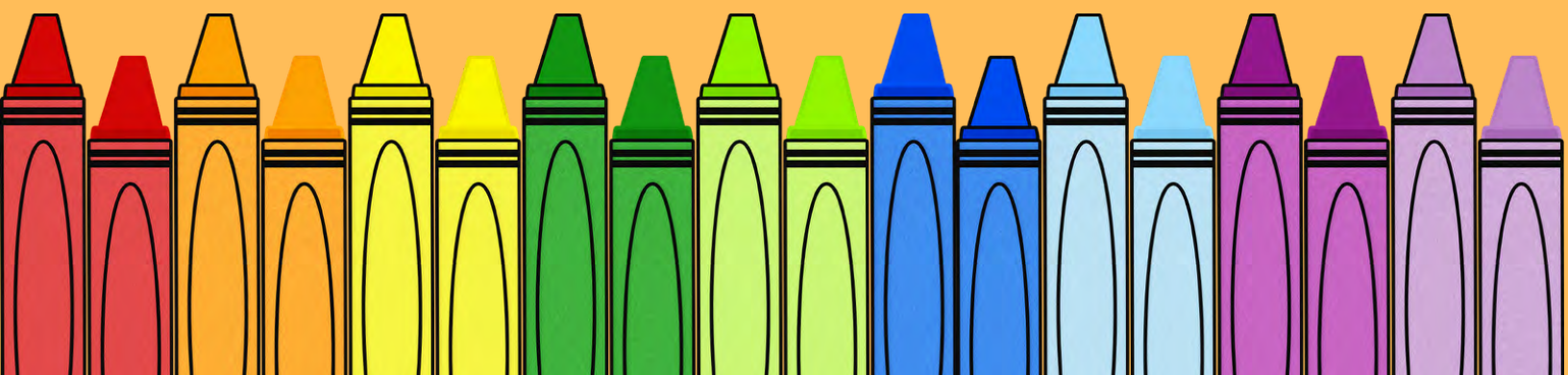
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JORDAN RIVER (Nehar Ha'yarden נהר הירדן), TEL AVIV (תל אביב),  
JERUSALEM (Yerushalaim ירושלים), TIBERIUS (Tveria טבריה),  
MEDITERRANEAN SEA (HaYam HaTihon הים התיכון), HAIFA (חיפה),  
MOUNT HERMON (Har Ha'Hermon הר החרמון), MASSADA (מצדה),  
YAD VASHEM (יד ושם), THE DEAD SEA (Yam Ha'Melah ים המלח),  
WESTERN WALL (Ha'Kotel Ha'Maaravy המערבי הכותל),  
GAZA STRIP (Retzuat Azza רצועת עזה), MOUNT CARMEL (כרמל),  
SEA OF GALILEE (Kineret כינרת)



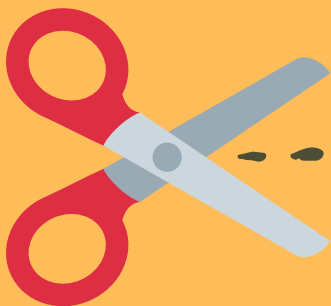
# Coloring Pages





A decorative header featuring a rainbow with orange, yellow, and blue bands, and several stylized stars in yellow, blue, and orange. The background is a solid light orange color.

# Cut-out Games



*Cut your own Israel Puzzle*



A vibrant orange background featuring a large, multi-colored rainbow (red, orange, yellow, green, blue) arching across the top. Several stylized, multi-pointed stars in shades of yellow, orange, and blue are scattered across the background, some overlapping the rainbow.

# Israeli Games



# *A Candle in a Bottle*

**Things you need: Hanukkah candle, string and a bottle.**

**Rules:**

Tie a string on the waist so it hangs like a tail. To the tail part tie a candle.

Place the bottle on the floor behind the place where you are standing. Each participant needs to get the candle in the bottle without touching it.

**The person who gets the candle in the bottle first wins!**

For a tournament, consider playing with a different size of circumference.





# *Learning Hebrew*

# Hebrew Slang Dictionary

Chaval Al HaZman - חבל אל הזמן

Literally "a waste of time" – Means awesome, amazing (this could also mean the complete opposite – depending on the intonation)

Al HaPanim - אל הכנים

Literally "on the face" – means awful, bad – e.g. – "the pizza at that restaurant was "al ha'panim"

Eize Basa - איזה באסה

Derived loosely from the Arabic "yom asal yom basal" meaning "a honey day, an onion day" in other words – "what a drag"

Fashla - פאשלה

Means a "screw up" or "mess up" – e.g. "The plumber did a real fashla on the shower hose"



# Alef-Bet Yoga





**Lamed ל**



**Chaf כ**



**Yod י**



**Samech ס**



**Nun נ**



**Mem מ**



**Tzadi צ**



**Pey פ**



**Ayin ע**

# JUST JEWISH DANCE

*"Just dance"*

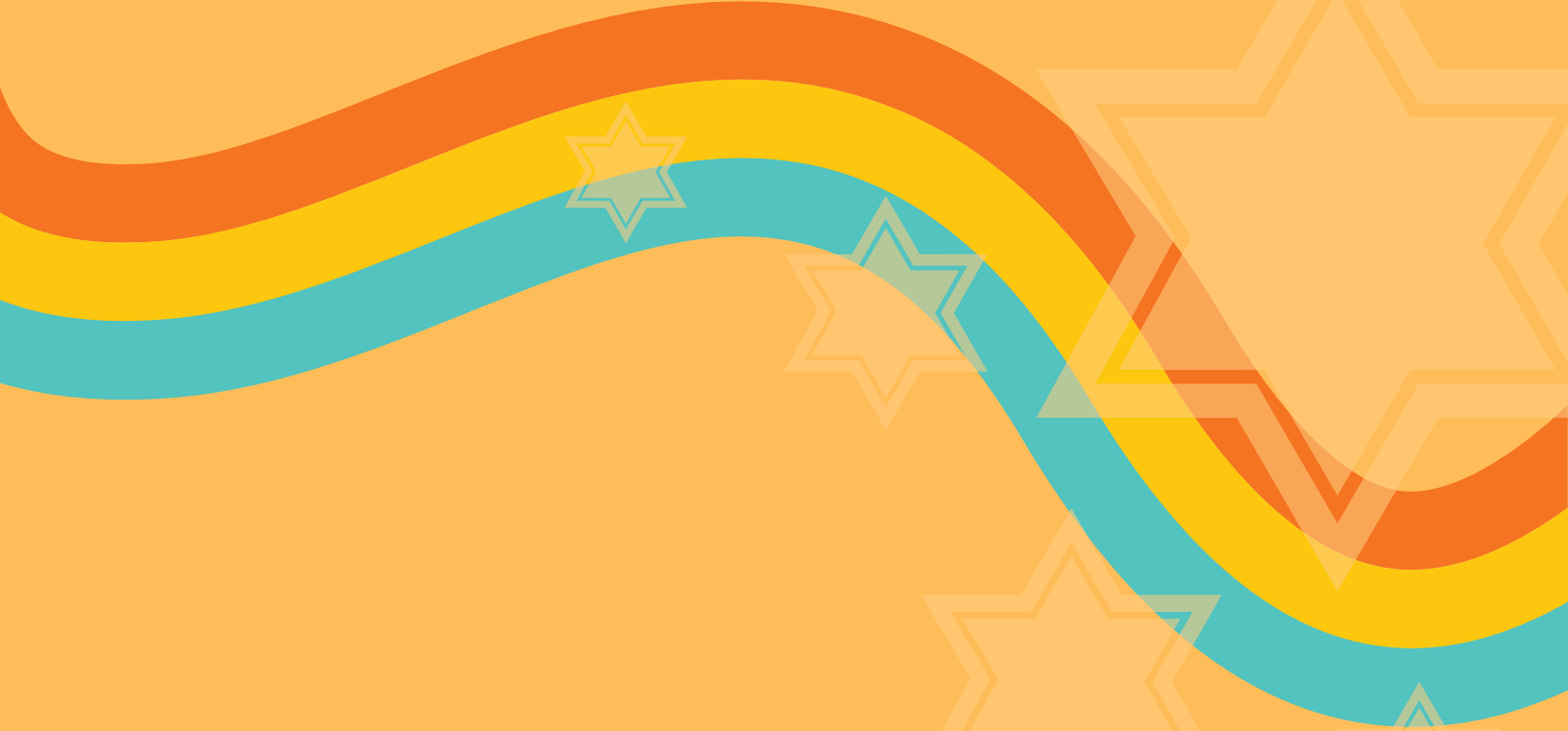
*with Israeli songs*

Tel Aviv

<https://www.youtube.com/watch?v=LAZgLbO8Nvw>

Ba Kalil

<https://www.youtube.com/watch?v=Xwnpq6wOYbU>



# *Israeli Cooking with the Kids*

# Icebox Cake

## Ingredients

For biscuits:

- 250 grams Graham Crackers
- 3/4 cup milk

For the mascarpone cream:

- 225 grams mascarpone cheese at room temperature
- 375 ml. cold whipping cream
- 1 tbsp. instant vanilla pudding powder
- 2 tbsp. powdered sugar
- 1 tsp. vanilla extract

For decoration:

- Cocoa powder



## Instructions

- Dip the crackers in the milk and arrange the first layer in the baking pan.
- Mascarpone cream: In a mixer bowl whip mascarpone, whipping cream, instant pudding, powdered sugar and vanilla until you get a very firm and stable cream.
- Pour 1/4 of the cream on top of the biscuit layer and straighten the top.
- Arrange another layer of milk-soaked biscuits and over it more 1/4 the amount of cream.
- Continue arranging the layers of the cake and finish with a top layer of cream.
- Sprinkle with cocoa powder at the top and serve.

Recipe Notes:

- You can keep the cake covered in the refrigerator for 4-5 days.
- Instead of mascarpone you can use natural cream cheese, but the taste will change slightly accordingly.

*Betawon!*

# *Parents Night-In Israeli Cocktails*



# *Parents Night-In*

MIX YOUR OWN ISRAELI COCKTAIL

## *Dead Sea*

1 oz Gin

0.5 oz Cointreau

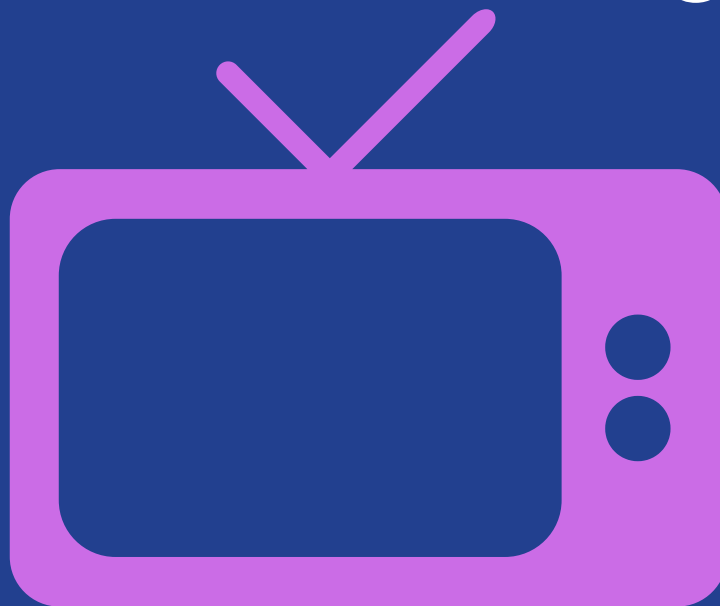
0.5 oz lime juice

1 oz Absinthe

1 oz pomegranate juice

A decorative graphic at the top of the image featuring a rainbow with pink, blue, and purple bands, and several blue stars of varying sizes scattered across the dark blue background.

# *Binge Worthy*



# Israeli TV Shows



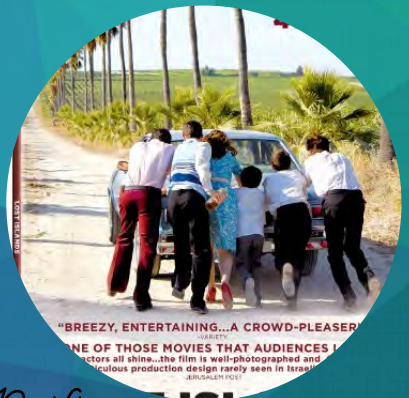
## *When Heroes Fly- Netflix*

Years after a bitter falling out, four Israeli military veterans reunite and travel to Colombia in search of a loved one they'd presumed to be dead.

# Israeli Movies

## *Lost Island- Prime*

A family in the 80s with five kids get into a crisis when twin brothers fall in love with the same girl.



## *The Red Sea Diving Resort- Netflix*

Undercover agents open up a fake hotel to real tourists as a cover to help smuggle thousands of Ethiopian refugees to safety. Inspired by true events.