

# A Mitzvah a Day (at Home)

Enjoy a month of mitzvot with your family. Just print this checklist and try a new activity each day. There are 30 activities total – that’s one for each day of the month – to inspire your family to do a mitzvah each day.

- Clean out the closet and donate clothes you don't wear  
**clothing the needy, tzedakah**
- Make a "Get Well Card" for a friend who doesn't feel well  
**visiting the sick**
- Help a bug find its way outside  
**kindness to animals**
- Help a parent with a chore  
**respecting parents**
- Compliment someone  
**respect, joy**
- Make a bird feeder  
**kindness to animals**
- Interview a grandparent, aunt, or uncle, and write down their story  
**passing on traditions, honoring elders**
- Write "thank you" notes  
**gratitude**
- Put toys away  
**peace in the home, honoring parents**
- Turn old t-shirts into something new, like a grocery bag or pillow  
**not wasting needlessly**
- Count your blessings  
**gratitude**
- Collect canned goods for a food bank  
**feeding the hungry**
- Call someone who might be lonely  
**kindness**
- Plant flowers for pollinators  
**caring for the environment**
- Learn to compost  
**not wasting needlessly**
- Tell a joke to someone and make them laugh  
**joy, creativity**

- Hang a thank you sign on your door for the mail carrier  
**gratitude, joy**
- Invite someone to join you for dinner by video  
**kindness**
- Draw a cheerful sidewalk chalk message  
**kindness, creativity**
- Make cards for isolated seniors  
**kindness, honoring the elderly**
- Make origami hearts to send to loved ones  
**kindness, creativity**
- Send a food delivery gift card  
**kindness, feeding the hungry**
- Start your meal with a gratitude circle  
**gratitude**
- Design and hang peace flags  
**peace, creativity**
- Show love for a local business (buy a gift card or leave an online review)  
**community**
- Grow windowsill plants from vegetable scraps or seeds  
**caring for the environment**
- Paint rocks and put outside for neighbors  
**kindness, creativity**
- Sing a song for your neighbors from your window or porch  
**joy, community**
- Tell your family members one thing you love about them  
**kindness, peace in the home**
- Prepare a snack for a family member  
**peace in the home, honoring parents**

 Library